

## The Manor Afternoon tea

Afternoon tea was **introduced in England by Anna, the seventh Duchess of Bedford**, in the year 1840. The Duchess would become hungry around four o'clock in the afternoon. The evening meal in her household was served fashionably late at eight o'clock, thus leaving a long period of time between lunch and dinner.

### Freshly baked Scones:

Traditional butter scone

Date & orange

### Sweets:

Lavender and white chocolate pavlova

Almond panna cotta, apricot

Pistachio macaron

Chocolate pecan brownie

### Sandwiches:

Roast chicken, grain mustard, tarragon, white bloomer

Courgette, lemon crème fraiche, malted bloomer

Mackerel pate, sunflower loaf

Traditional afternoon tea £37.50 / Person

Taittinger Champagne Afternoon Tea £49/ Person

Something different? Taittinger Rose for £51/ person

All served with Cornish clotted cream and Jam from Well Preserved

### Cream Tea

The precise origin of the cream tea is disputed, though historians have found evidence that a tradition of eating bread with cream and jam existed at Tavistock abbey in Devon during **the 11th century**. ... The warm roll would first be spread with strawberry jam, and finally topped with a spoonful of Cornish clotted cream.

Traditional scone and date & orange, served with Cornish Clotted Cream, The Manor Honey and jam from Well Preserved

£9

What is the difference between a Cornish and Devon cream tea? ... In Cornwall, **the jam is smoothed on first, before being topped with a heaping spoonful of cream**. Devon, on the other hand, puts the cream on first like butter, before adding a dollop of jam to the top

## Savoury Cream Tea

Two Goat cheddar and Thyme scones, served with cream cheese and apple chutney

£9

## Teas from Birchall

"A family-owned company based in London, with roots in the tea trade in East Africa dating back over 140 years, and still working directly with the Farms.

### English breakfast

Birchall English Breakfast tea is a unique, masterful blend, closely guarded by the fifth generation of Birchall Grahams family. The teas are sourced entirely from estates across East Africa, from Rwanda through to the Great Rift Valley in Kenya, where the very best teas are to be found. In this region the tea bushes grow slowly, at high altitude and relatively low temperatures, developing greater flavour before they are individually picked

### Earl Grey

Birchall Earl Grey is uniquely made from the African black tea, grown on Rwandan tea gardens, located above Lake Kivu and below the Nyiragongo volcano.

### Decaffeinated

This decaff blend captures the freshness and delicious taste of East Africa`s great rift Valley, one of the most renowned tea-growing regions in the world. Here, the high altitude, lush volcanic soil and heavy rainfall of this equatorial area combine to create the perfect set of conditions for growing tea of unparalleled flavour and taste.

### Red Bush

Is a classic Rooibos tea made from the soft needle-like leaves of the South African plant, *Aspalathus linearis*. The pure origin red bush produces a gentle hydrating infusion that is rich in anti-oxidants and naturally caffeine free.

### Chai

Birchall Chai is uniquely made from broken black tea, grown on Rwandan tea gardens, located above Lake Kivu, below the Nyiragongo volcano.

### Peppermint

Birchall peppermint is a classic herbal tea made from only the finest pure peppermint leaves. Peppermint is traditionally acknowledged to aid digestion and the luxurious single mint infusion is entirely caffeine free.

### Chamomile

Our Chamomile is a classic herbal tea made from the scented flowers and leaves of the wild Chamomile plant. Camomile has long been prized for its relaxing qualities and is believed to restore natural balance by aiding digestion and promoting sleep

### Green

Birchall Green Tea is a pure green tea sourced from China where the very best teas of this variety are to be found. For centuries teas have been revered across the Far East for their therapeutic properties. They are a rich, natural source of anti-oxidants which are known to cleanse, detoxify and restore natural balance.

### Red berry and flower

Is a smooth blend of sweet fruit and refreshing hibiscus. The full flavoured infusion is rich in anti-oxidants and naturally caffeine free, enjoyable at any time of day.

### Coffee

#### Sourced From Ethical Addiction

Ethical addiction was a company founded by two friends in 2006 with just a couple kilograms of coffee, now they supply quality establishments all over the country. Through a personal desire of theirs for great coffee, but also with real concern for the source, they have developed great relationships with farms and customers ensuring transparency throughout their whole process

We use World Select Espresso Beans, a dark, rich blend with a beautifully smooth finish

#### Swiss Water Decaff

The decaff is a medium roast which has passed through the ingenious 100% chemical free Swiss Water Process, giving you a healthier, tastier coffee. No nasty after-taste and no nasty chemicals.

Please choose one of the following:

Espresso, double espresso, Latte, Cappuccino, Macchiato, Flat White, Black coffee or Americano

Why not spruce up your coffee with one of our flavoured syrups: Caramel, Gingerbread, hazelnut or vanilla?

Fancy something different? Why not try our Birchall Chai tea Latte?